

6 ALTERNATIVE GIFTS TO SAY THANK YOU

Thinking of an appropriate gift to thank someone for their time and hard work, from your community group or organisation, can be difficult and many resort to the standard Scottish Whisky or tablet. But Scotland has much more to offer than that!

SCPN have created a list of thoughtful, alternative, Scottish themed gifts that show appreciation without impacting on health.





1. TEA TOWELS

Useful, practical and often great for learning some Scottish dialect!



4. QUAICH

You can personalise with engravings or keep it traditional.



2. HARRIS TWEED BROOCH/CUFFLINKS

Keepsakes that will smarten up any outfit.



5. HIGHLAND COW PRINT

A quirky Scottish gift that everyone will love.



3. TARTAN SCARE OR GLOVES

Perfect for the unpredictable Scottish weather



6. HANDMADE SOAPS

Great for pampering and relaxation



The Scottish Cancer Prevention network is focussed on moving evidence on cancer risk reduction into everyday life, practice and policy.

We are supported by the Scottish Cancer Foundation (SC028300).

Want to get involved? Visit our website for more information at www.cancerpreventionscotland.org.uk and sign up for our newsletter!

You can also find SCPN on Twitter and Instagram (@thescpn).